

Solon Class Schedule - Sep 1st 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
#Private Lesson Available 4:30-5:00	Little Ninja Class 4:30-5:00	#Private Lesson Available 4:30-5:00	Little Ninja Class 4:30-5:00	#Private Lesson Available 4:30-5:00	All Belts 10:00am-10:45am
White-Green belts 5:00-5:45	Blue-Black belts 5:00-5:45	White-Green belts 5:00-5:45	Blue-Black belts 5:00-5:45	White-Red belts 5:00-5:45	SPARRING *PROTECTIVE GEAR is Required! 10:45am-11:30pm
*Black Belt Club (BBC) 5:45-6:00	*Black Belt Club (BBC) 5:45-6:00	*Black Belt Club (BBC) 5:45-6:00	*Black Belt Club (BBC) 5:45-6:00	*Black Belt Club (BBC) 5:45-6:00	Birthday Parties Available Starts 12:30pm *2 hour* Ask Front Desk to set up your child's party
Blue-Black belts 6:00-6:45	White-Green belts 6:00-6:45	Blue-Black belts 6:00-6:45	White-Green belts 6:00-6:45	Red Black-Black belts 6:00-6:45	
*Black Belt Club (BBC) 6:45-7:00	*Black Belt Club (BBC) 6:45-7:00	SPARRING *PROTECTIVE GEAR is REQUIRED* 6:45-7:30	*Black Belt Club (BBC) 6:45-7:00	*Black Belt Club (BBC) 6:45-7:00	
Brown-Black belts 7:00-7:50	All Belts 7:00-7:50	<u>TEAM K-1</u> Practice	All Belts 7:00-7:50	All Belts 7:00-7:50	

*Little Ninja Class is for 3-4 years old students only

*Private Lesson is for Students who need extra help. See the front desk for details.

*Black Belt Club is for members only. To find out how to become involved in the Black Belt Club please see the front desk

*Please arrive at the studio 5 – 10 minute before the class starts.